



Occupational Therapy

at The Children's Institute of Pittsburgh

At The Children's Institute, we provide rehabilitative care that is personalized and family-centered. Because we know that the key to long-term success is family participation and understanding, we focus on the needs of the patients and their caregivers. We incorporate families into our therapy sessions, promoting understanding, a sense of collaboration, and confidence. In our experience, this approach is key to our patients reaching their maximum potential and living the most fulfilling lives possible.

Our occupational therapists provide fun, positive and meaningful therapy activities, aimed at improved participation in school, leisure, family and community activities. We enable families to independently manage the health care challenges of their child and integrate them into daily life.

Occupational therapy may focus on:

- Community participation & social skills
- Activities of daily living (ADL) including dressing, hygiene, & feeding
- Upper body & core strengthening for improved function
- Upper limb treatment such as: splinting/casting/ kinesio-taping
- Fine motor & visual perceptual skill building
- Sensory processing challenges that impact daily function
- Coordination, timing & planning
- Provision of adaptive equipment
- Use of assistive technology in daily life



When you should refer:

- More than a six month delay in achieving age-appropriate developmental milestones in self-feeding, dressing, or play
- Limited fine motor and dexterity skills
- Limited hand-eye coordination
- Sensory processing interferes with the child's ability to complete everyday activities such as self care, play, and social participation
- Special equipment, adaptations, and/ or focused skill-building are required to overcome challenges that result from neurological, orthopedic, genetic, or developmental conditions

Outpatient Locations

Pittsburgh (Squirrel Hill)

1405 Shady Ave
Pittsburgh, PA 15217
p: 412.420.2362

Bridgeville

1370 Washington Pike
Suite 500
Bridgeville, PA 15017
p: 412.420.2362

Irwin (Norwin Hills)

8775 Norwin Avenue
Irwin, PA 15642
p: 412.420.2362

Wexford

5000 Stonewood Drive
Suite 100
Wexford, PA 15090
p: 412.420.2362

Pleasant Hills

810 Clairton Boulevard
Suite 300
Pittsburgh, PA 15236
p: 412.420.2362

