



The Children's Institute

Amazing Kids. Amazing Place.

Biofeedback at The Children's Institute of Pittsburgh

Biofeedback has been shown to be a safe, effective and non-invasive treatment for children, adolescents, and teens with Attention Deficit Hyperactivity Disorder (ADHD), autism, anxiety disorders, migraine and tension headaches, and amplified pain syndrome. During Biofeedback sessions, your child's brain will be trained through fun, computerized programs to increase the ability to focus and relax.

The ideal candidate is between the ages of 5 and 21.

Our program is supervised by our developmental pediatrician Dr. Scott Faber. Fees for this program are \$70 each session, and it is not covered by insurance.

We offer three types of Biofeedback:

Brain Blood Flow Biofeedback

Measures and increases the blood flow to the frontal lobes of the brain.

EEG Biofeedback

Measures brain electrical activity and trains the brain to inhibit slow waves that impede attention and improve faster waves that promote attention.

Skin Conductance and Skin Temperature Biofeedback

Decreases hand skin conductance and raises skin temperature to facilitate relaxation, calmness and ability to tolerate stress.