



The Children's Institute

Amazing Kids. Amazing Place.

Outpatient Behavioral Health Services at The Children's Institute of Pittsburgh

Behavioral health services can be critical for the wellness of children with special health care needs. At The Children's Institute, our Behavioral Health Outpatient Services specialize in treatment of children with a wide range of health concerns, including chronic pain, acquired brain injury, neurodevelopmental conditions, and psychiatric disorders.

A comprehensive and holistic approach originating from a biopsychosocial perspective is an integral part of treatment. Children with co-morbid mental health and medical conditions not only receive active treatment planning to address clinical concerns, but treatment planning is also approached with lifelong consideration for their disease management.

Families are essential partners in the delivery of services for their children. We strive to achieve a smooth and supportive health care experience for the children and families we serve.

Meet our team of professionals

Our team of professionals is comprised of Board-Certified Child Psychiatrists, Physician Assistants, Psychologists, Neuropsychologists and Behavioral Health Therapists.

This team provides comprehensive behavioral health services in collaboration with our medical specialty team and community providers to offer a comprehensive, holistic and collaborative model of health care delivery built upon the child's diagnoses and the family's needs.

We offer expert diagnostic evaluation, neuropsychological evaluation, and medication management. Individual and family therapies are founded on evidence-based practices. We offer specialized group therapies for children who experience chronic pain and those adolescents and young adults with Autism. We also provide family support groups for these populations.



Behavioral Health Services Provided

- Psychiatric services
- Psychological and neuropsychological evaluations
- Individual therapy, including cognitive behavioral therapy
- Group therapy
- Family therapy
- Stress management
- School consultation services*

**As requested/referred by schools*

[To learn more](#) or to schedule an intake evaluation, please contact us at 412.420.2362 or visit amazingkids.org.