

The Children's Insti

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Physical Therapy

at The Children's Institute of Pittsburgh

At The Children's Institute, we provide rehabilitative care that is personalized and family-centered. Because we know that the key to long-term success is family participation and understanding, we focus on the needs of the patients and their caregivers. We incorporate families into our therapy sessions, promoting understanding, a sense of collaboration, and confidence. In our experience, this approach is key to our patients reaching their maximum potential and living the most fulfilling lives possible.

Our physical therapists are able to:

- Simplify motor activities to improve motor learning and coordination of movements
- Implement intensive strengthening and conditioning programs
- Track improvement as compared with peers and those with similar diagnoses
- Implement neuromuscular education
- Address peer-related activities like bike riding and playground skills
- Use de-weighting and other technologies for gait training
- Evaluate equipment needs

We offer the very latest treatment and equipment, including:

- Activity-based treatment strategies
- Assistive technology
- Aquatic therapy
- Chronic pain management
- Interactive metronome
- Intensity program
- Kinesiotaping
- Locomotor training
- Orthotics and splinting
- Play/movement activities
- Pre-participation screens/ImpACT test
- Serial casting
- Soft tissue mobilization
- Sports and orthopedic clinics
- Therapeutic exercise
- Therapeutic modalities
- Universal Exercise Unit



To learn more or to make an appointment, please contact us at 412.420.2362 or visit amazingkids.org

Outpatient Locations

Pittsburgh (Squirrel Hill)
1405 Shady Ave
Pittsburgh, PA 15217
p: 412.420.2362

Bridgeville
1370 Washington Pike
Suite 500
Bridgeville, PA 15017
p: 412.420.2362

Irwin (Norwin Hills)
8775 Norwin Avenue
Unit 4
Irwin, PA 15642
p: 412.420.2362

Wexford
5000 Stonewood Drive
Suite 100
Wexford, PA 15090
p: 412.420.2362

