



**The Children's Institute**

Amazing Kids. Amazing Place.

## Developmental Pediatrics at The Children's Institute of Pittsburgh

Located at our Squirrel Hill campus, our Developmental Pediatrics practice led by Dr. Scott Faber serves infants, children, and teens with a wide range of developmental-behavioral disorders including autism spectrum disorders.

Our experienced and credentialed team offers an integrated approach to treatment for numerous developmental delays. Individual treatment plans are developed in collaboration with the patients' families, and may include a number of therapies and techniques depending on the needs of the child.



### Who Can Benefit:

The Children's Institute's Developmental Pediatrics program addresses different types of developmental problems. Treatment can help children in numerous streams of development such as:

- **gross motor and adaptive skills**, such as the ability to move large muscle groups to achieve movement of the body
- **fine motor and adaptive skills**, such as the ability to move smaller muscle groups, typically in the hands and arms
- the ability to communicate, known as **expressive language skills**
- the ability to understand verbal and non-verbal communication, known as **receptive language skills**
- various aspects of **cognitive abilities**
- **biofeedback**, where children with developmental disorders can benefit from learning how to control their brain blood flow, EEG, and skin temperature
- **mixed developmental delays**, where a child has significant developmental difficulties before the age of 5

To learn more or to make an appointment, please contact us at 412.420.2561 visit [www.amazingkids.org](http://www.amazingkids.org)

## How our Team Can Help

Using traditional and integrative treatments, including nutritional supplements and biofeedback, our developmental pediatricians, nurse practitioners, nurses, and certified occupational therapy assistant work to identify, treat and alleviate the underlying problems that impact each child's ability to function. Our Developmental Pediatrics team often refers and works with The Children's Institute's outstanding therapy services and programs including Physical Therapy, Occupational Therapy, Speech/Language Therapy, Nutrition Services, and Behavior Health Services.

### Our team may include:

- Physician and/or nurse practitioner
- Nurse
- Certified occupational therapy assistant
- Additional therapists from The Children's Institute as needed

## Types of Treatment

In order to determine the best treatment for each child, he or she will be evaluated by the developmental pediatrics team. Our entire Developmental Pediatrics program is outpatient.

## Outpatient Treatment

Outpatient treatment through our Developmental Pediatrics program is only available through our Squirrel Hill location. Individual treatment plans are developed in collaboration with the patient's families, and may include a number of therapies and techniques depending on the needs of the child.

## Additional Services

In addition to serving each child's developmental disorder, our team works to identify and treat any underlying medical issues associated with these development delays and behavior disturbances. Some examples include organic sleep disorders, dysphagia, nutrition issues, environmental exposures, and more.

## Potential Goals

Our team will establish individualized goals for each child receiving treatment. These may include:

- achieve movement of the body in areas such as walking, running, throwing, and catching
- learn to perform tasks necessary to daily living, such as self feeding, buttoning, zippering, drawing, and writing
- the ability to communicate wants, needs, feelings, and information using verbal or sign language
- the ability to understand the verbal and non-verbal communication of others
- the ability to solve visual-spatial puzzles
- mastery of identification of letters, numbers, and shapes
- selection of appropriate answers to logical questions
- learning how to control their brain blood flow, EEG, and skin temperature

